



JOINT PRESS RELEASE – FOR IMMEDIATE RELEASE

September 13, 2020

WILDFIRE SMOKE UPDATE FOR THE PUGET SOUND REGION

This is an alert about wildfire smoke from the Puget Sound Clean Air Agency and the health departments of King, Kitsap, Pierce, and Snohomish counties. Current air pollution due to wildfire smoke may cause serious health problems.

Sunday morning update: air quality continues to be UNHEALTHY for everyone across the region and will remain that way for most of Sunday. Winds and light precipitation may lead to some improvement early Monday morning.

The wildfire smoke will continue to make air quality UNHEALTHY FOR SENSITIVE GROUPS at times through the middle of next week. A storm arriving later in the week should eventually clear most of the smoke.

Conditions are changing rapidly, we will update the forecast frequently until air quality improves.

Fire marshals in our four-county area of King, Kitsap, Pierce, and Snohomish counties have issued fire safety burn bans prohibiting outdoor burning including recreational fires.

Current air quality conditions are [UNHEALTHY for everyone](#).

When air quality is UNHEALTHY, everyone may begin to experience health effects; members of sensitive groups may experience more serious health effects.

Everyone should take precautions, especially infants, children, and people over 65, or those that are pregnant, have heart or lung diseases (such as asthma or COPD), respiratory infections, diabetes, stroke survivors, and those suffering from COVID-19:

- Stay at home when possible.
- Limit your activity outdoors, such as running, bicycling, physical labor, sports or hobbies.

- Close windows in your home, if possible, to keep the indoor air clean. If you have an air conditioner, use it in recirculation mode. Make sure your home ventilation system is maintained following manufacturer recommendations (e.g., replace filters regularly). Don't contribute to indoor air pollution. Use a [portable air cleaner](#) if available.
- Heat [can be dangerous](#) too. If it becomes unbearably hot, it's better to open the windows for a short period of time.
- Masks with the label "N95" or "N100" are the most effective type of mask that protects you from air pollution, but due to ongoing COVID-19 response we need to reserve those for health care and other frontline workers for now. While cloth face coverings are recommended to reduce the spread of COVID-19, they offer limited protection from air pollution and wildfire smoke and must be properly worn. Any mask or face covering should be used only as a last resort to protect against wildfire smoke. More information on COVID-19 mask do's and don'ts can be found [here](#).
- Check with your health care provider for more specific health questions and concerns. As always, seek medical attention if symptoms are serious.

For more information on ways to reduce your exposure to smoke, see the Washington Department of Health's [Smoke From Fire tips](#).

Air quality conditions may change quickly. Check the air quality forecast regularly at the Puget Sound Clean Air Agency's [website](#).

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